Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Confirmation Year 1**

**Chastity**

Part I

*Instructions: Read the short message from your catechetical leader below, and answer the following questions.*

I want you to understand that chastity is an extremely important value. What the Church teaches us about chastity can help us love ourselves and others in more meaningful ways. But it is a very hard topic to teach you from a textbook instead of in person. It’s easy for things to go a little wrong without your teacher and your class around to help. For example, It is very easy for “don’t have sex (yet)” to sound like “sex is a bad.” But really, sex is a gift from God. And I want to help steer you in the right direction while you read. So please keep these things in mind while you do this assignment:

1. Sexuality is a gift from God.
2. Everybody is a whole person, and that whole person includes the body that God created, and everything it’s made to do.
3. Chastity is about respecting yourself and others as whole people.
4. Your parents can help answer any questions you may have while you’re reading.

OK, so we all know that it’s going to be very easy to skip my introduction here if I don’t ask you to think *and* write something to prove you read it. So let’s do that:

1. Is your body bad or good? Explain why. (1-2 sentences)
2. In your own words, what do you think it means to be a whole person? (3-4 sentences)

Part 2

*Instructions: Read chapter 44 in your textbook, and answer the questions below in complete sentences.*

1. Define the following terms in your own words:

**Sexuality**

**Chastity**

**Temperance**

1. Where did sexuality come from? What are its two purposes?
2. What is the difference between lust and wanting to have sex?
3. How do you think lust hurts the person who lusts? How do you think it hurts the person they lust for?
4. How do you think TV shows or movies can “trivialize or cheapen the gift of love?”